Safe and Supportive Schools: Health Risks

The indicators below, drawn from the SALT Survey, provide a sense of the extent to which students in this school have begun to experiment with behavior that risks or compromises their physical or mental health. If persistent or habitual, such behaviors can interfere with or even damage a student’s education, health, or both.

### Student risk behaviors and attitudes

- **They did not eat any vegetables or fruits in the past day.**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

- **On an average school day, they watch TV at least 2 hours or more.**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

- **They used instant messaging (IM), check their e-mail, or visit chat rooms at least 2 hours or more.**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

- **On a typical night they get 7 hours of sleep or less.**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

- **They smoked at least one day.**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

- **They used chewing tobacco or snuff.**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

- **They used illegal drugs (such as marijuana, uppers, downers, inhalants).**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

- **They drank alcohol at least once.**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

- **They smoked marijuana regularly.**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

- **They had 5 or more alcoholic drinks once or twice each weekend.**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

### Percent of students who say that within the last 30 days:

- **They felt they had problems with one of the following: acne, overweight, underweight, too tall, too short.**

- **They did not eat any vegetables or fruits in the past day.**

- **On a typical night they get 7 hours of sleep or less.**

- **During the past week they ate breakfast 2 days or fewer.**

### Student health practices

- **They smoked at least one day.**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

- **They used chewing tobacco or snuff.**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

- **They used illegal drugs (such as marijuana, uppers, downers, inhalants).**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

- **They drank alcohol at least once.**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

- **They smoked marijuana regularly.**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

- **They had 5 or more alcoholic drinks once or twice each weekend.**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

### Percent who say their close friends would approve or not care if:

- **They smoked at least one day.**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

- **They used chewing tobacco or snuff.**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

- **They used illegal drugs (such as marijuana, uppers, downers, inhalants).**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

- **They drank alcohol at least once.**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

- **They smoked marijuana regularly.**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

- **They had 5 or more alcoholic drinks once or twice each weekend.**
  - This school: [Graph]
  - R.I. middle schools: [Graph]

### Percent who say their close friends would approve or not care if:

- **They felt they had problems with one of the following: acne, overweight, underweight, too tall, too short.**

### Teacher and principal attitudes

#### Percent who agree or strongly agree that the following practices are essential to effective education:

- **Providing access/linkages for students and parents to health and social services or counseling.**
  - Teachers at this school: [Graph]
  - Middle-school teachers statewide: [Graph]
  - Middle-school principals statewide: [Graph]

- **Providing health-promoting environment and wellness programs for students (e.g., fitness days, health messages).**
  - Teachers at this school: [Graph]
  - Middle-school teachers statewide: [Graph]
  - Middle-school principals statewide: [Graph]

- **Policies that support positive health practices and wellness for teachers and students (e.g., smoke-free environment, eliminate vending machines with junk food, reduce fat in lunch-room meals).**
  - Teachers at this school: [Graph]
  - Middle-school teachers statewide: [Graph]
  - Middle-school principals statewide: [Graph]

### Students’ primary care

- **Where students say they usually see their regular doctor or nurse when they are sick:**
  - Community health clinic: 3%
  - Doctor's office: 4%
  - Emergency room/Hospital: 4%
  - Other health-care facility: 3%
  - I have no regular doctor or nurse: 96%

### Inadequate data?

- Too few responses to report

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* Inadequate data submitted

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